

JESSICA MARIE R. ABAÑO, MD

PARTICULARS



DATE OF BIRTH: JULY 31, 1969

PLACE OF BIRTH: MANILA, PHILIPPINES

CITIZENSHIP: FILIPINO

OFFICE ADDRESS: ROOM 235 MEDICAL ARTS BUILDING
ST. LUKE'S MEDICAL CENTER
BONIFACIO GLOBAL CITY
TAGUIG, PHILIPPINES

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PACO, MANILA
1007 PHILIPPINES

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EDUCATION

1990-1994

Doctor of Medicine
Faculty of Medicine and Surgery
University of Santo Tomas
Manila, Philippines

1986-1990

Bachelor of Science Major in Biology
College of Science
University of Santo Tomas
Manila, Philippines



POST-GRADUATE TRAINING

Medical Fellowships: 2002-2003

- 1. Clinical Fellowship**
External Eye Diseases/Cornea and Refractive Surgery
Singapore National Eye Center
- 2. Clinical Fellowship**
Ocular Inflammation and Immunology
Singapore National Eye Center

January 1998 – December 2000

Residency Training in Ophthalmology
Department of Ophthalmology - Santo Tomas University Hospital
Manila, Philippines
Chief Resident – Senior year

1995-1996

Internship Training - Rotating
Santo Tomas University Hospital
Manila, Philippines

SHORT COURSES

September 2010

Leadership Development Program
Asia-Pacific Academy of Ophthalmology
Beijing, People's Republic of China

February 2010

International Conference on Harmonization (ICH)
Good Clinical Practice Workshop (GCP) Workshop
UST Center for Drug Research, Evaluation and Studies
Manila, Philippines

December 2009

Visumax Femtosecond System Training
St. Luke's Medical Center – Bonifacio Global City
Manila, Philippines

July 2008

Descemet's Stripping Automated Endothelial Keratoplasty Course
Singapore National Eye Center
Singapore

August 2002

Singapore National Eye Center Skill Transfer Course
Advanced and Wavefront LASIK
Singapore

September 2000

Short Course on Community Ophthalmology
Aravind Eye Hospital
Madurai, India

August 2000

Workshop on Planning of Eye Care Programmes by the
International Christoffel Blinden Mission
Eugenio Lopez Center; Rizal, Philippines

August 1999

Scleral Buckling Course
Singapore National Eye Center
Singapore

March 1999

Aesthetic Laser Surgery Course by Allan Goldberg
Philippine Society of Plastic and Reconstructive Surgery
University of Santo Tomas Eye Center
Manila, Philippines

September 14-25, 1998

Seminar on Ocular Surgery
Department of Ophthalmology
University of the Philippines
Manila, Philippines

August 31 – September 11, 1998

Seminar on Ocular Diseases
Department of Ophthalmology
University of the Philippines
Manila, Philippines

January- March 1997

Basic Course in Ophthalmology
Department of Ophthalmology
University of the Philippines
Manila, Philippines



MEDICAL LICENSURE/REGISTRATION

Physician License # 0087574
Board of Medicine
Professional Regulation Commission
Republic of the Philippines

Diplomate, Philippine Board of Ophthalmology
July 2001 – Written Examination
October 2001 – Oral Examination

AWARDS

October 2011

**Research Chair Award in Ophthalmology
St. Luke's Medical Center
SLMC-BGC, Taguig**

October 2007

**Ophthalmology Achievement Award
St. Luke's Medical Center
Crowne Plaza, Manila**

December 2000

Young Investigator Award
University of Santo Tomas Medical Alumni Association
Manila, Philippines

November 2000

1st Place: Jesus B. Eusebio, Sr. Residents' Paper Competition
Department of Ophthalmology
Santo Tomas University Hospital
Manila, Philippines

October 2000

2nd Place: 37th Inter-hospital Research Paper Contest
St. Luke's Medical Center
Manila, Philippines

Sept. 2000

1st Place: 42nd Annual Inter-departmental Residents' Scientific Research
Paper Presentation
Santo Tomas University Hospital
Manila, Philippines

July 2000

1st Place: 11th Scientific Poster Exhibit
Health and Related Technologies Competition
Philippine Council for Health Research Development
Manila, Philippines



May 2000

1st Place: Raul J. Rivas Memorial Award for Research in Philippine Medicine
Philippine Medical Association
Manila, Philippines

December 1999

1st Place: Residents' Research Paper Competition
Philippine Academy of Ophthalmology

November 1999

1st Place: Jesus B. Eusebio, Sr. Residents' Paper Competition
Department of Ophthalmology
Santo Tomas University Hospital
Manila, Philippines

SCIENTIFIC PRESENTATIONS AND PUBLICATIONS

December 2019

Invited Speaker
Joint Retina and Uveitis Session/Plenary session
Philippine Academy of Ophthalmology Congress
SMX Convention Center, Manila Philippines

November 2019

Speaker
International Ocular Inflammation Society Meeting
Kaohsiung Exhibition Center, Kaohsiung Taiwan

November 2018

Invited Speaker
Asia Dry Eye Society Meeting
Philippine Academy of Ophthalmology Congress
SMX Convention Center, Japan

November 2019

Invited Speaker
Joint Retina and Uveitis Session/Plenary session
ASEAN Ophthalmology Society Congress
SMX Convention Center, Siem Reap, Cambodia

September 2019

Invited Speaker
Joint Retina and Uveitis Session/Plenary session
Philippine Academy of Ophthalmology Congress
SMX Convention Center, Vietnam

August 2019

Invited Speaker
Jose Reyes
Cocoon Hotel
SMX Convention Center, Manila Philippines

August 2019

Invited Speaker
Joint Retina and Uveitis Session/Plenary session
Philippine Academy of Ophthalmology Congress

SMX Convention Center, Taiwan

July 2019

Invited Speaker
East Avenue Medical Center
Philippine Academy of Ophthalmology Congress
Lung Center, Manila Philippines

June 2019

Invited
GOIW
Philippine Academy of Ophthalmology Congress
SMX Convention Center, Manila Philippines

May 2019

Invited Speaker
Joint Retina and Uveitis Session/Plenary session
Far Eastern University
SMX Convention Center, Manila Philippines

April 2019

Invited Speaker
Midyear Meeting
Philippine Academy of Ophthalmology Congress
SMX Convention Center, Davao Philippines

March 2019

Invited Speaker
Joint Retina and Uveitis Session/Plenary session
Asia-Pacific Academy of Ophthalmology Congress
SMX Convention Center, Manila Philippines

January 2019

Invited Speaker
UST Post Graduate Course
Philippine Academy of Ophthalmology Congress
SMX Convention Center, Manila Philippines

January 2019

Invited Speaker
Stem Cell in Ophthalmology
Alimurong Lectures
SMX Convention Center, Manila Philippines

December 2018

Invited Speaker
Joint Retina and Uveitis Session/Plenary session
Philippine Academy of Ophthalmology Congress
SMX Convention Center, Manila Philippines

September 2018

Invited Speaker: “Descemet’s Stripping Endothelial Keratoplasty”
“Pterygium Surgery”

Different Strokes for Different Folks: St. Luke’s Medical Center (SLMC) - Post Graduate Course

Henry Sy Auditorium, SLMC Bonifacio Global City
Taguig, Philippines

August 2018

Invited Speaker: “Pearls on LASIK Surgery”

Intersection: University of Santo Tomas (UST) Hospital - Post Graduate Course
Manila, Philippines

July 2018

Invited Speaker: “Management of Uveitic Cataract”

Crossing Borders: Improving Outcome through Collaborative Ophthalmology
Department of Health Eye Center/East Avenue Medical Center - Post Graduate Course

Lung Center Auditorium, Manila, Philippines

June 2018

Invited Speaker: “Sympathetic Ophthalmia”

Ocular Traumatology: A Multispecialty Approach

Manila Doctors’ Hospital - Post Graduate Course

Times Plaza, Manila, Philippines

February 2018

Invited Speaker: “Descemet’s Stripping Endothelial Keratoplasty”

Controversies in Ophthalmology: Australia Asia – COPHy AA

Shangri-la Hotel The Fort

Taguig, Philippines

October 2017

Invited Speaker, Session on Ocular Tuberculosis

13th International Ocular Inflammation Congress

Lausanne, Switzerland

July 2017

Invited Speaker, Uveitis Session

ASEAN Ophthalmology Society Meeting

Jakarta, Indonesia

April 2017

Invited Speaker

Global Ocular Inflammation Workshop

Bali, Indonesia

October 2015

Invited Speaker, Cornea Session

ASEAN Ophthalmology Society Meeting

Hanoi, Vietnam



September 2015

Invited Speaker, Uveitis Session
World Society of Pediatric Ophthalmology and Strabismus Meeting
Barcelona, Spain

May 2015

Guest Faculty
International Workshop on Granulomatous Uveitis and the Asia Pacific
Intraocular Inflammation Study Group Meeting
Cebu, Philippines

February 2014

Invited Speaker
12th International Ocular Inflammation Congress
Valencia, Spain

November 2013

Invited Speaker
9th International Symposium of Ophthalmology
Guangzhou, China

April 2011

Invited Speaker - "Stem Cell Therapy for Ocular Surface Disease"
International Symposium on Stem Cell Therapy
St. Luke's Medical Center Global City
Taguig City, Philippines

March 2011

Invited Speaker - "Ocular Tuberculosis in the Philippines"
26th Asia-Pacific Academy of Ophthalmology Congress
Sydney Convention and Exhibition Center
Sydney, Australia

March 2011

Speaker - "Diagnosis and Management of Dry Eye"
Northern Mindanao Society of Ophthalmology
Mallberry Suites Business Hotel
Cagayan De Oro City, Philippines

November 2010

Guest Faculty
Crossroads in Ophthalmology: The Great Debates
Annual Meeting of the Philippine Academy of Ophthalmology
SMX Convention Center, Philippines

September 2010

Guest Faculty - "Writing and Appraising Cohort Studies"
Research and EBM: Bridging the Gap
Research Instructional Course of the Philippine Academy of Ophthalmology
Sentro Oftalmologico Jose Rizal, PGH Compound, Philippines

August 2010

Guest Faculty - "Uveitis Secrets"
Department of Health Eye Center Instructional Course
Lung Center Auditorium, Philippines



April 2010

Guest Faculty – “Ocular Surface Stem Cells”
Ophthalmology Updates
Midyear Meeting of the Philippine Academy of Ophthalmology
SMX Convention Center, Philippines

March 2010

Speaker – “Ocular Surface Stem Cell Therapy”
7th Asia Cornea and Contact Lens Conference
Boracay, Philippines

September 2009

Guest Faculty
Ocular Manifestation of Systemic Diseases
Annual Post-graduate Course of the UST Department of Ophthalmology
Benavides Cancer Institute Auditorium, Philippines

November 2008

Guest Faculty
Cutting Edge in Ophthalmology
Annual Meeting of the Philippine Academy of Ophthalmology
SMX Convention Center, Philippines

September 2008

Speaker - “Overview on Endothelial Keratoplasty”
Lamellar Keratoplasty for the General Ophthalmologist
Carlos Sevilla Eye Center Memorial Lecture
Makati Medical Center, Philippines

September 2007

Speaker – “Ex-vivo Expansion and Transplantation of Ocular Stem Cell”
International Eye Symposium
International Eye Institute - St. Luke’s Medical Center, Quezon City, Philippines

June 2006

International Faculty
26th Asia-Pacific Academy of Ophthalmology Congress
Suntec Singapore International Convention & Exhibition Centre
Singapore

September 2004

International Faculty: “Management of Ocular Inflammation”
Singapore National Eye Center 15th Anniversary Meeting
Singapore

June 2004

Course Faculty: “Ocular Surface Disease Management (Ocular Stem Cells)”
17th International Cataract Implant Microsurgery and Refractive Surgeon
Meeting of the Asia-Pacific Association of Cataract and Refractive Surgeons
Bali International Convention Center
Bali, Indonesia

December 2003

Pediatric blepharokeratoconjunctivitis: Clinical Presentation and Management
Cornea and Refractive Surgery International Meet
Chennai, India



March 2003

Oral Paper Presentation: "Pediatric blepharokeratoconjunctivitis"
19th Asia-Pacific Academy of Ophthalmology Congress
Bangkok, Thailand

December 2002

Oral Paper Presentation: Surgical Management of Advanced Mooren's Ulcer
15th International Meeting on Cataract, Implant, Microsurgery and Refractive
Keratoplasty
Xiamen, China

November 2001

Oral Paper Presentation: Modified low-intensity Blue on Yellow Amsler Grid Chart
Retina and Vitreous Symposium
105th Annual Meeting of the American Academy of Ophthalmology
New Orleans Louisiana, USA

April 1999

Oral Paper Presentation: Port & Polish technique: Modification of Trabeculectomy
Symposium on Glaucoma
50th Annual Convention of the American Society of Cataract and Refractive
Surgery
Seattle Washington, USA

March 1999

Bilateral Panretinal Occlusive Vasculitis: An Initial Presentation of Systemic
Lupus Erythematosus: a case report
17th Congress of the Asia-Pacific Academy of Ophthalmology
Philippine International Convention Center, Manila

March 1999

Titrated Cyclocryotherapy in the Treatment of Refractory Glaucomas: A
preliminary study
17th Congress of the Asia-Pacific Academy of Ophthalmology
Philippine International Convention Center, Manila

March 1999

Squamous Cell Carcinoma of the Conjunctiva: a report of 2 cases
17th Congress of the Asia-Pacific Academy of Ophthalmology
Philippine International Convention Center, Manila

March 1999

Bilateral Choroidal Tuberculoma: a case report
17th Congress of the Asia-Pacific Academy of Ophthalmology
Philippine International Convention Center, Manila

March 1999

X- linked Juvenile Retinoschisis: a report of 2 cases
17th Congress of the Asia-Pacific Academy of Ophthalmology
Philippine International Convention Center, Manila

BOOKS/BOOK CHAPTERS AND JOURNALS

Cruz FM, **Abaño JM**, Bacsal-Flores K, *et.al.* (2017). *Quick Guide to Uveitis*. Manila,
Philippines: Mosman



Abaño JM. Ocular Tuberculosis. (2017) In *Cruz FM, Abaño JM, Bacsal-Flores K, et.al. (2017. (Eds) Quick Guide to Uveitis.* Manila, Philippines: Mosman

Abaño JM, Galvante P, Siopongco P, Dans K, Lopez J. Review of Epidemiology in Asia: Pattern of Uveitis in a Tertiary Hospital in the Philippines. *Ocular Inflammation and Immunology* 2017. S75-80.

Abaño JM, Lim Bon Siong R. Pterygium and Ocular Surface Surgery. (2017) In *Lim Bon Siong R, Cua I. (Eds) Handbook on External Eye Diseases.* Manila, Philippines: Mosman

Guzman CP, **Abaño JM.** Wavefront-optimized treatment for myopia using Allegretto Wave Eye-Q Excimer laser. *Philipp J Ophthalmol* 2011; 36: 38-41.

Baclig MO, Daroy ML, **Abaño JM.** Molecular diagnosis of acute retinal necrosis secondary to cytomegalovirus in vitreous aspirate. *Southeast Asian J Trop Med Public Health.* 2008; 39(6): 1057-60.

Ti SE, Chee SP, **Abaño JM,** Tan DH. Asian Blepharitis and Meibomian Gland Dysfunction. (2005) In *Ang CL, Chee SP, Tan DH et.al. (Eds) Clinical Ophthalmology: An Asian Perspective* (201-206). Singapore: Elsevier.

Tan DH, Lee SB, **Abaño, JM.** Pterygium. (2005) In *Ang CL, Chee SP, Tan DH et.al. (Eds) Clinical Ophthalmology: An Asian Perspective* (207-216). Singapore: Elsevier

Ang LP, **Abaño JM,** Tan DH. Corneal Transplantation. (2005) In *Ang CL, Chee SP, Tan DH et.al. (Eds) Clinical Ophthalmology: An Asian Perspective* (253-266). Singapore: Elsevier

Tong L, Tan DH, **Abaño JM,** Lim L. Deep anterior lamellar keratoplasty in a patient with descemetocoele following to gonococcal keratitis. *Am J Ophthal* 2004;138(3): 506-7.

Abaño JM, Sy JL, Reyes J. Porous biphasic calcium phosphate orbital plate implant: a low cost alternative to commercially available orbital plates. *Philippine Medical Journal,* 2001

Abaño JM, Sy JL. Essential oil of *Cymbopogon citratus*: a potential antifungal topical eye medication (in vivo study). *Philipp J Ophthalmol* 2001



POSITIONS AND AFFILIATIONS

1. **Head**
Eye Institute
University of Santo Tomas Hospital
2. **Director**
Philippine Cornea Society (PCS)
Manila, Philippines
3. **Chief of Section**
Section of Corneal and External Eye Diseases
Department of Ophthalmology
University of Santo Tomas Hospital
4. **Past President**
Executive Council
Philippine Academy of Ophthalmology (PAO)
Manila, Philippines
5. **Past President**
Philippine Ocular Inflammation Society (POIS)
Manila, Philippines
6. **Past President**
Hope in Sight Foundation
Manila, Philippines
7. **Co-chair**
Ocular Stem Cell Research Group
Research and Biotechnology Division
St. Luke's Medical Center
Manila, Philippines
8. **Consultant**
Section of External Eye Diseases/Cornea and Refractive Surgery
Section of Ocular Inflammation and Immunology
Department of Health Eye Center - East Avenue Medical Center –
Quezon City, Philippines
9. **Consultant**
Section of External Eye Diseases/Cornea and Refractive Surgery
Section of Ocular Inflammation and Immunology
St. Luke's Medical Center - Quezon City and Global City, Philippines

